

**Annika Dhariwal**  
**Cheltenham Ladies College**  
 Bayshill Rd, Cheltenham GL50 3EP, United Kingdom  
 Email - [dhariwalannika@gmail.com](mailto:dhariwalannika@gmail.com)  
 Website - <https://www.annikadhariwal.com/>  
 LinkedIn - <https://www.linkedin.com/in/annika-dhariwal-944001201>

## Education

### Cheltenham Ladies College (CLC), Cheltenham, United Kingdom

International Baccalaureate Diploma Program (IBDP) examination at the end of grade 12

**2016-present**  
**May 2023 (appear)**

-Higher level -Economics, Geography, English Literature

-Standard level -Biology, Maths, Spanish

### International General Certificate of Secondary Education (IGCSE) completed

-English literature, Geography, Computer science, Biology

-English language, History, Spanish

-Chemistry, Maths, Drama

-EET

**2021**

## Honors and Awards

### • New College of Humanities (NCH)UK

- This competition is a highly prestigious competition recognizing young economists, independent thought, depth of knowledge, clear reasoning, and persuasive style of writing in the field of Economics.

- Wrote a 1500-word essay on the question – “How has the COVID 19 pandemic impacted inequalities?”

- **Awarded a High Commendation**

**2022**

### • Royal Economic Society, UK

- Finalist Young Economist of the Year Competition 2022

- Wrote an essay “Which university degrees do you think will be considered “high value” in 5-10 years’ time, and why?”

**2022**

### • Student Entrepreneur of the year Award 2022- Entrepreneur Magazine

### • State Award by the Governor of Punjab and Chandigarh Administrator

**2022**

### • Finalist Young Economist of the Year competition 2022, Royal Economic Society, UK

**2022**

### • Listed in Wikitia, [https://wikitia.com/wiki/Annika\\_Dhariwal](https://wikitia.com/wiki/Annika_Dhariwal)

**2021**

### • Gold Medal (Distinction), LAMDA Public Speaking

**2022**

### • Gold Medal (Distinction), LAMDA Drama

**2023**

### • Sports Personality of the Year, CLC

**2023**

### • Senior Sports Colours for Hockey, CLC

**2022**

- This is awarded for strong performance in a varsity sport throughout the season

**2022**

### • Gold Expedition Duke of Edinburgh

- The world’s leading youth achievement award empowering young people to gain essential skills and attributes for life such as resilience, problem solving, team-working, communication and drive

**2021**

### • Cheltenham Ladies college award for Good Conduct

### • Cheltenham Ladies college award for Kindness

**2020, 2021**

## Leadership

### • Deputy Head Girl, Cheltenham Ladies College

**2022-present**

- Elected through a 3 stage process, voting, interviews and written application

- To liaise with the Vice principal on all aspects of College life, and act as a link between all girls and leadership structures within college

- To work with the Vice Principal in developing policy on matters such as leadership opportunities for younger girls, and the overall ethos within college

- In charge of over 850 girls from over forty nationalities

- To support the Head girl in all her activities, and to deputise for her in her absence

- Facilitate the smooth running of the prefect body (28 prefects)

### • Head of House, St Austins, Cheltenham Ladies College

**2020-2021**

- Selected by entire house team including the Housemistress, Deputy Housemistress and matrons

- Supervised and represented all 60 girls in my boarding house

- Acted as the main interface between the house mistress and students in the house

### • Geography subject representative, Cheltenham Ladies College

**2022-present**

- Nurtured budding geographers and encouraged learning beyond the curriculum

### • Senior Sports Committee Member

**2021-present**

- Helped organise all sporting events throughout the year such as the annual sports day and celebration of sport dinners

- Promote sports and physical activity

### • Form captain

**2016-2020**

- Elected class representative working with the tutor for all class activities

## Social Entrepreneurship

<b>Founder, Gluten Free Jio, (<a href="http://www.glutenfreejio.com">www.glutenfreejio.com</a>)</b> My diagnosis with Celiac disease at age 9 spurred me to start Gluten Free Jio, a social enterprise to increase awareness and provide access to online information on celiac disease and gluten-free diets in India	2018-present
<ul style="list-style-type: none"> <li>- Completed 12+ awareness camps in schools, reaching over 1000+ students and sensitizing them about the Celiac disease in India.</li> <li>- Made TTG-IgA test available to over 1000 school children in Chandigarh to help diagnose Celiac disease</li> <li>- Conducted Authority Webinars with global experts in their fields including Gastroenterologists, Nutritionists, Bloggers etc.</li> <li>- Over <b>30k</b> followers on social media (Facebook, Instagram, and Twitter)</li> <li>- Developed a <b>Mobile App</b> to help users locate gluten free stores and restaurants in Indian cities</li> <li>- Launched an online store selling gluten free goods, to increase accessibility for Celiacs living in remote parts of the country.             <ul style="list-style-type: none"> <li>• The online store generated revenue of over \$30K+</li> <li>• Fund Raising from corporate and individual donors over \$40K</li> <li>• Reached out to 18+ hospitals within tricity and distributed 2500+ gluten-free kits to the newly diagnosed patients which impacted 5000+ Celiacs</li> </ul> </li> <li>- <b>Authored</b> a free explanatory <b>E-Book</b> for children</li> <li>- Organised First Celiac Conference in tricity, with 200+ participants (2022)</li> <li>- Filed Right to Information (<b>RTI</b>), to gather information and ensure proper allergen labeling for Mid- Day meals scheme</li> <li>- Successful in bringing <b>trial policy change</b> in mid day meal labeling of five government schools in Chandigarh in conjunction with the labeling Director School Education of Chandigarh, India</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Brown Pre-College and Undergraduate Leadership Institute -Social Entrepreneurship Program</b></li> </ul>	July 2022
<ul style="list-style-type: none"> <li>- A highly selective four week summer program, aimed at helping develop essential knowledge and skills relating to social entrepreneurship. Organized around the initiative, planning, growth and development of new and emerging opportunities, culminating with the development of a social enterprise plan. I used the learnings from this program to develop Gluten Free Jio's retail section</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Columbia Business School, Social Entrepreneurship for Young Changemakers, (certificate) under Prof Gregg Van Kirk</b></li> </ul>	October 2020
<ul style="list-style-type: none"> <li>• <b>First ambassador of Beyond Celiac outside of the USA. It is a non-profit, that is dedicated to raising awareness about celiac disease and uniting with patients and partners to advance research in the US.</b></li> </ul>	2021-present
<a href="https://www.beyondceliac.org/ambassador-program/">https://www.beyondceliac.org/ambassador-program/</a>	
<ul style="list-style-type: none"> <li>• <b>Media coverage - <a href="https://www.glutenfreejio.com/media/">https://www.glutenfreejio.com/media/</a></b></li> </ul>	

## International Relations and Government

<ul style="list-style-type: none"> <li>• <b>Authored Research Paper on “The Dalai Lama and the Tibetan Sovereignty controversy: A historical case study analysis.” Published IJSSER, Volume: 7, Issue: 9 September 2022</b></li> </ul>	September 2022
<ul style="list-style-type: none"> <li>- Exploration of the underlying dynamics driving the coexistence of the two irreconcilable stances of the global community towards the Tibetan sovereignty</li> <li>- Collected primary data from the monastery in Dharamshala, India</li> <li>- Research conducted under Dr. Anju Suri, Professor Punjab University</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Chief of Gurugram Metropolitan Development Authority, Mr. Sudhir Rajpal (IAS)</b></li> </ul>	August 2022
<ul style="list-style-type: none"> <li>- Shadowed him for three weeks and gained exposure into the workings of a municipality responsible for all civic activities like maintaining sanitation, roads, public spaces</li> <li>- Assisted in organizing and presenting demographic and developmental data of Gurugram for a policy memo</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Executive Director of the World Bank, Washington, USA, Mr. Rajesh Khullar</b></li> </ul>	December 2021
<ul style="list-style-type: none"> <li>- Shadowed him for two weeks and gained insight into the working of the World Bank with a special focus on Southeast Asia, culminated in a published interview, which discussed the country partnership framework in the Indian context, Priority leading sectors and the dealing of humanitarian crisis</li> <li>- Used tools and techniques of economic analysis on publicly available datasets pertaining to growth, global trade, and development in South East Asia for policy advice</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>“Moral Foundations of Politics”, Yale University.</b> An online program on Utilitarianism, Marxism, Theory and Democracy</li> </ul>	June 2022
<ul style="list-style-type: none"> <li>• <b>“Women’s Health and Human Rights”, Stanford University.</b> It provides an overview of women’s health and human rights from infancy to old age.</li> </ul>	November 2022
<ul style="list-style-type: none"> <li>• <b>Co-Founder, First Public Policy Think Tank, Cheltenham Ladies College</b></li> </ul>	2021-present
<ul style="list-style-type: none"> <li>- Conducted policy analysis on economics, political science, public administration and International affairs.</li> <li>- Identified potential solutions through published policy memos</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>International Committee Mentor, Cheltenham Ladies College</b></li> </ul>	2020-present
<ul style="list-style-type: none"> <li>- Supervised 30 people and facilitated communication between the international mentors and the mentors committee.</li> <li>- Organised cultural events for pupils from over 40 different nationalities</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Cheltenham Welcomes Refugees, Cheltenham UK – Volunteer</b></li> </ul>	2022-present
<ul style="list-style-type: none"> <li>- Fundraised to help support the organisation, through Bake sales held over the year</li> <li>- Volunteered at weekend picnics and weekly cafes, to help integrate refugee families into Cheltenham and the local community</li> <li>- Worked for their social media campaign</li> </ul>	

## Sports

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- **Hockey** **2016-present**
    - Member of schools 1st team (varsity)
    - Cheltenham hockey club ladies 2nd team
    - Cheltenham hockey club U-18 team reached UK national semifinals
    - Played for Punjab girls Under-18 Hockey team in India
    - Attended Elite Camp at Cape Cod Field Hockey Program, USA **August 2021**
    - Attended summer camp for field hockey at Dartmouth, USA **August 2021**
    - NCSA Profile - <https://recruit-match.ncsasports.org/clientrms/athletes/8885972>
  - **Research** **September 2021**
    - **Authored Research Paper on the “Underdevelopment of Sports in India”, published in Questioz Journal in the June 2022 edition.**
    - Utilised mixed-methods approach to evaluate factors that are restricting the development of sport in India under Dr. Mritunjay Sharma. Additionally, interviewed 250+ respondents as primary research
    - Sport performance is directly linked to the economic development of a country

## Women Entrepreneurship

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- **Women Entrepreneurship in Rural India** **April 2022**
    - A short documentary I made in collaboration with SACC, aired in multiple schools in Punjab and Haryana. It traces the journey of rural women entrepreneurs in Haryana (<https://www.youtube.com/watch?v=OKPi17GuKvw>)
    - Highly applauded by the Secretary of Education, Government of Haryana
  - **Intern, Round Glass Foundation, Mohali, India** **July 2021**
    - Round Glass Foundation aims to improve 'wellbeing' for every individual and community in Punjab, regardless of social or economic status. Initiatives include projects for women's health and self-help groups, waste management, and learning center's.
  - **Volunteer, SACC (Startup Accelerator Chamber of Commerce), Mohali, India** (Organisation that aims to develop the Startup ecosystem in Haryana, Punjab and Chandigarh) **2019-present**
    - Helped to organise start-up weekends and worked with entrepreneurs in rural India to promote self-run businesses. Focused specifically on the advancement of women-led businesses
    - Helped in market survey to support the sales of products created by rural women entrepreneurs leading to their livelihood enhancement
  - **Josh Talk in Hindi and English** **November 2022**
    - My entrepreneurial journey featured on Josh Talks- a famous talk show in India with a viewership of over one million on YouTube. <https://www.youtube.com/watch?v=gub-P2b9SVI>

## Languages

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English, Hindi, Punjabi, Spanish